

2022/23 Monarch Studio Schedule

Kid Classes
Adult Classes
Family Classes
Kaleidoscope Only

Mondays		Tuesdays		Wednesdays		Thursdays		Fridays		Saturdays		Sundays	
Front Studio	Back Studio	Front Studio	Back Studio	Front Studio	Back Studio	Front Studio	Back Studio	Front Studio	Back Studio	Front Studio	Back Studio	Front Studio	Back Studio
Stationary Yoga 10:00-11:00am								OFFSITE Monarch @ Pinewoods Montessori			Yoga Flow 8:15-9:15am		
		Cardio Groove 12:15-12:45pm					Cardio Groove 12:15-12:45pm			Preschool Ballet/Tap Combo 9:45 - 10:30am		Family Friendly Yoga 9:45 - 10:30am	
2nd-5th Kal. Run Thru 3:45-4:15pm		K-1st Ballet/Tap Combo 4:00-5:00pm		2nd-3rd Hip Hop 3:45-4:15pm		K-3rd Kal. Run Thru 3:45-4:15pm		Preschool Tumble 4:00-4:30pm		4th-5th Grade Jazz 3:45 - 4:30pm		K-2nd Ballet/Tap Combo 10:30-11:30am	
4th-5th Grade Tap 4:15 - 5:00pm		2nd-3rd Grade Tap 4:15 - 5:00pm		K-1st Jazz 4:15-4:45pm		2nd-3rd Jazz 4:15-4:45pm		Preschool Ballet/Tap Combo 4:30 - 5:15pm		4th-5th Grade Lyrical 4:30 - 5:15pm			
4th-5th Grade Hip Hop 5:00 - 5:45pm		2nd-3rd Hip Hop 5:00-5:30pm		K-1st Hip Hop 4:45-5:15pm		2nd-3rd Grade Ballet 4:45 - 5:30pm		4th-5th Grade Ballet 5:15 - 6:00pm		4th -12th grade Kal. Run Thru 5:30-7:00pm			
2nd-4th Grade Ballet 6:00 - 6:45pm		Middle School Tap 5:30-6:30pm		K-1st Musical Theater 5:15-5:45pm		2nd-3rd Lyrical 5:30-6:00pm		4 - 12 Kal. Run Thru 6:00-7:00pm		High School Lyrical 6:15-7:15pm			
Middle School Hip Hop 6:00-7:00pm		High School Hip Hop 6:30 - 7:30pm		Adult Ballet 6:15-7:15pm		High School Ballet 6:15-7:15pm		High School Tap 7:00-8:00pm		Middle School Ballet Choreo 7:00-8:00pm			
Middle School Lyrical 7:00-8:00pm		Adult Tap 7:30-8:15pm		Adults Only Hip Hop 7:15-8:00pm		High School Ballet Choreo 7:15-8:15pm		Pointe 1 8:00-8:30pm		High School Ballet 7:30-8:00pm		Pointe 2 8:00 - 8:45pm	
						High School Modern 8:15-9:00pm							